



Weekly Bulletin 17th December 2021

Friday 17th December

Break up for Christmas 2:30pm

Tuesday 4th January

Training Day – School Closed

Wednesday 5th January

School Reopens – Spring Term

Guidance for parents and carers on online sexual harassment and keeping children safe online

The Children's Commissioner has launched [a guide for parents and carers on online sexual harassment and how they can support children to stay safe online](#).

"The things I wish my parents had known" draws together advice from 16 to 21 year olds on how parents should manage tricky conversations around sexual harassment and access to inappropriate content, including pornography.

The Commissioner's office began a programme of work focussing on peer-on-peer abuse following the avalanche of testimonies on the [Everyone's Invited](#) website, which laid bare an epidemic of sexual violence among teens. This was picked up in [Ofsted's June 2021 review of sexual harassment in schools and colleges](#).

A surprising but overriding message from young people is that parents should start these challenging conversations early. They suggest broaching topics before a child is given a phone or a social media account, which is often around the age of 9 or 10.

The Children's Commissioner hopes that her guide will serve as a useful starting point to raise awareness and understanding of online harassment, and to complement key messages on the new relationships and sex education curriculum.

Resources

Here are some great short video's to share with staff & parents, especially over the festive period when emotions are running high.

[Pooky Ponders: Why do some kids misbehave? | Meic Griffiths - Creative Education](#)

[Learning from angry, aggressive or anxious meltdowns using the '5 Whys' approach - YouTube](#)

[Angry Outbursts: using anger rules to keep children \(and us\) safe - YouTube](#)

[4 ideas for supporting a child with anxiety - YouTube](#)

[Window of Tolerance - a simple tool for emotional regulation - YouTube](#)

[Box Breathing Technique - simple strategy to calm anxiety - YouTube](#)

Working in a school or nursery environment

The Introduction to working in a school or nursery environment programme has been running for over ten years. The progression from these short, free, online courses will be to Level 1, 2 or 3 qualification courses, which learners can also often attend free of charge (subject to circumstances). For further information please [click here](#)

Spring Menu

Please find attached the menu for the Spring Term, a copy of this can also be found on our website.

Christmas Nativity

The nativity will be uploaded onto the school website next week, please keep checking! Once uploaded, please watch until the very end for some special extras.



The children have also enjoyed a very special video call this week from Father Christmas!



**We would like to wish you all a very
Merry Christmas!!**