

## **Personal Social Health & Economic Education (PSHE) and Relationships and Sex Education (RSE)**

### **Rationale**

#### **National Curriculum Aims, Purpose and Expectations for PSHE**

The National Curriculum states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'.

PSHE and RSE education contributes to schools' statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding.

The relationships and health aspects of RSE (including puberty) became compulsory in all schools from 2020. Parents do not have the right to withdraw consent for this aspect of teaching and learning. However, parents continue to have the right to withdraw consent for their child to be present for sex education.

PSHE is a school subject through which pupils develop the knowledge, skills and attributes (such as resilience, self-esteem, risk management, team working and critical thinking) that they need, in the contexts of health and wellbeing, relationships and living in the wider world, to prepare for life and work in modern Britain and to keep themselves healthy and safe (including in their relationships with others, and both online and offline).

Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, as it supports our children in developing the knowledge, skills and attributes they need to manage their lives, now and in the future. It also plays a vital role in safeguarding.

#### **Federation of Skelton Newby Hall and Sharow C of E Primary Schools' PSHE Rationale**

Personal, Social, Health and Economic education plays a significant role in how children grow as individuals and therefore is an important part of our curriculum:

- It helps our children to consider what is important to them, now and in the future
- It provides them a platform for them to voice their own opinions, to learn to listen to and respect the opinions of others, and to express disagreement in an effective but respectful way
- It supports their spiritual, moral, social and cultural (SMSC) development
- It helps them to understand how to keep themselves healthy and safe
- It supports their development of the qualities and attributes that they need to thrive as individuals, family members and members of a community – local or worldwide.
- It can help reduce or remove many of the barriers to learning experienced by pupils, thereby significantly improving their capacity to learn and achieve.

Over the course of their Primary Education, we aim to support pupils in exploring and discussing a variety of PSHE topics in order to understand and manage themselves better as well as broadening their understandings of world around them. Teachers use a range of creative approaches to ensure that children are taught in an engaging way that is sensitive and age-appropriate.

Throughout the programme of study, pupils learn essential communication skills: debating, reasoning, weighing an argument, collaborating with and motivating others. We also encourage

children to think about personal and social values, and so develop their capacity to be active and effective future citizens.